

SPINNER DIVING

YEAR ROUND
INTERMEDIATE PROGRAM

SPINNERDIVING.COM

*SPRINGBOARD DIVING AT
ITS BEST*



*Spinner Diving
East National Team*

Program Philosophy

Spinner Diving is committed to providing a learning environment that encourages and challenges young athletes to:

- Attain the highest possible level of achievement per their ability.
- Reach their highest potential as an athlete and as a person.
- Have a positive and enjoyable experience at all levels of diving.

The Spinner Diving Team staff strives to instill in our athletes a sense of pride and self-esteem. Spinner Divers learn a work ethic inclusive of goal setting, discipline and sportsmanship which carries over into all aspects of their lives.

HEAD COACH – Larry May

Larry started Spinner Diving in 1990. The program has produced numerous High School State Champions as well as a National Champion. Last month the Spinner Diving Junior Olympic Team won the Region 2 Team Championship in Buffalo, New York. Larry also heads the Drexel University Diving Team where his divers have earned 23 conference titles and two NCAA Division One ALL AMERICAN HONORS. Larry is a member of the USA Diving Junior rules committee and is also the ZONE “A” representative on the NCAA Diving sub committee.

ASSISTANT COACH – Brett Wilmot

Brett dived at the University of Michigan under legendary USA Olympic coach, Dick Kimball, where he earned NCAA ALL AMERICAN HONORS and was a member of the UNITED STATES NATIONAL DIVING TEAM.

PRACTICES

Twice a week 6:30-8:30 pm. Divers can choose any two days Monday-Thursday. This program is a stepping stone to our Junior Olympic Team.

Intermediate Program:

Mid September through July

Fees:

Tuition: \$150/month

USA Diving Registration: \$40 for 12 months

Limited space available

Contact:

Larry May

larrymay@comcast.net

856-428-8960

Or post an inquiry on our website:

www.spinnerdiving.com

PRACTICE FACILITY

Drexel University

33rd & Market St., Philadelphia, Pa

- Separate diving Well
- 2-one meter boards
- 2-three meter boards
- Trampoline and dry board with spotting rig
- TIVO Video System on deck (divers can watch their dives immediately after as they get out of the pool on a 45” screen)

**Each Spinner Diving
Junior Olympic Team
member started as a
Novice summer
league diver.**